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Dr. Jakub J. Grygiel is a Senior Advisor at The Marathon Initiative, a policy initiative focused on developing strategies to prepare the United States for an era of sustained great power competition. He is also a professor of politics at The Catholic University of America (Washington, DC).

Previously, Grygiel was a Senior Advisor in the Office of Policy Planning at the Department of State from 2017-2018. Prior to that, he was a Senior Fellow at the Center for European Policy Analysis and on the faculty of SAIS-Johns Hopkins University in Washington, D.C.

He is the author of *Return of the Barbarians* (Cambridge University Press, 2018), *Great Powers and Geopolitical Change* (JHU Press, 2006), and co-author with Wess Mitchell of *The Unquiet Frontier* (Princeton University Press, 2016). His writings on international relations and security studies have appeared in *Foreign Affairs*, *The American Interest*, *Security Studies*, *Journal of Strategic Studies*, *Orbis*, *The National Interest*, *Commentary*, *Parameters*, as well as several U.S. and foreign newspapers. He earned a Ph.D., M.A., and an MPA from Princeton University, and a BSFS Summa Cum Laude from Georgetown University.